

教育碩士學位課程（體育教學及運動）修讀大綱

Master of Education (Physical Education and Sport Studies) Program of Study  
(Start Academic Year 2008-2009)

第一學年 1st Year

科目編號 Course Code	科目名稱	Course Title	學分 Credit	Flag
MPES102	運動心理學	Sport Psychology	3	C
MPES103	體育課程及體育教學	PE Curriculum and Teaching of Physical Education	3	C
MPES104	體育及運動研究	Research in Physical Education and Sport Studies	3	C
MPES105	運動生物力學及體育生理學理論	Sports Biomechanics and the Physiological Principles of Physical Education	3	C
MPES001	比較體育及運動學	Comparative Physical Education and Sport	3	R
MPES002	運動、娛樂及休閒活動	Sports, Recreation and Leisure Studies	3	R
MPES003	體育組織及行政	Physical Education – Organization and Administration	3	R
MPES 004	有效體育教學	Effective Learning in Physical Education	3	R
MPES005	教練方法	Coaching Method	3	R
MPES006	應用體育教學	Adapted Physical Education	3	R
MPES007	大眾健身與運動處方	Physical activity and Exercise Prescription	3	R
MPES008	動作行為理論及應用	Theory and Application in Motor Behavior	3	R
MPES009	運動與營養之研究	Studies of Exercise and Nutrition	3	R
MPES010	體育與運動中的資料處理與分析	Data Analysis in PE and Sport	3	R
MPES011	體育與運動專題研討	Seminars of Physical Education and Sport	3	R
MPES012	體適能理論、應用與研究	Theories, Application and Studies of Physical Fitness	3	R
MPES013	遊戲教學與遊戲概念發展	Games Teaching and Development of Games Senses	3	R
MPES014	青年與運動	Youth in Sport	3	R
MPES015	組織文化與體育變革	Organizational Culture and Change in Physical Education	3	R
MPES016	體育及運動社會學及哲學初探	Social and Philosophical Enquiry of Physical Education and Sport	3	R
MPES106	健康及健康教育	Health and Health Education	3	R

## 第二學年 2thYear

科目編號 Course Code	科目名稱	Course Title	學分 Credit	Flag
MPES999	論文	Dissertation	--	C

註： \*一年級學生可從十七門選修課中選取四門。

Note: \*Year One students can choose **FOUR** out of the seventeen free- elective courses.

完成課程所需學分：24學分及論文答辯合格。

Total Number of Course Credits : 24 credits plus a good pass in Dissertation writing.